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Acupoint	Location	Uses
BL 1	indentation at the medial canthus of the eye.	eye problems, conjunctivitis, uveitis.
BL 10	approximately 1.5 cun lateral to the dorsal midline, in a depression just caudal to the wings of the atlas, between C1 and C2.	cervical stiffness, pain and weakness of the neck, back, hindquarters and hind legs as this point activates the entire BL channel, strengthens and relaxes the sinews (tendons and ligaments).
BL 11	at the cranial edge of the scapula, 1.5 cun lateral to the dorsal spinous process of T1.	arthritis, painful joints, degenerative joint disease especially of neck, shoulder and spine.
BL 12	1.5 cun lateral to the caudal border of the dorsal spinous process of T2.	use for acute conditions such as colds, flu, sneezing, allergies, rashes, relaxes muscles of withers and shoulders due to location.
BL 13	1.5 cun lateral to the caudal border of the dorsal spinous process of T3.	respiratory issues, cough, bronchitis, asthma, pneumonia, nasal congestion.
BL 14	1.5 cun lateral to the caudal border of the dorsal spinous process of T4	anxiety, vomiting, cough, chest pain.
BL 15	1.5 cun lateral to the caudal border of the dorsal spinous process of T5.	heart palpitations, heart failure, cognitive dysfunction, sleep disorders, epilepsy.
BL 16	1.5 cun lateral to the caudal border of the dorsal spinous process of T6.	relieves chest tension and pain, pain along the GV (Du) channel, IVDD.
BL 17	1.5 cun lateral to the caudal border of the dorsal spinous process of T7.	blood stagnation, anemia, high blood pressure, low hemoglobin, low packed cell volume, low white and red blood cell counts, skin issues that won't heal (not being nourished by the Blood), fatigue, wasting conditions.
BL 18	1.5 cun lateral to the caudal border of the dorsal spinous process of T10.	liver diseases, hypertension, epilepsy, IVDD of thoracolumbar area.

BL 19	1.5 cun lateral to the caudal border of the dorsal spinous process of T11.	helps with gall bladder diseases, IVDD.
BL 20	1.5 cun lateral to the caudal border of the dorsal spinous process of T12.	pancreatic and digestive disorders, vomiting, anemia, bloating, loose stool, diarrhea, poor appetite or obsessive about food, edema.
BL 21	1.5 cun lateral to the caudal border of the dorsal spinous process of T13.	ulcers, gastrointestinal and pancreatic diseases, loss of appetite, obsessive appetite (trying to cool heat in ST), vomiting, abdominal pain, constipation, agitation.
BL 22	1.5 cun lateral to the caudal border of the dorsal spinous process of L1.	edema, vomiting, diarrhea, IVDD, abdominal pain, endocrine disorders, intra-abdominal masses.
BL 23	1.5 cun lateral to the caudal border of the dorsal spinous process of L2.	urinary incontinence or frequent urination, hind end weakness, low back pain, stiffness in joints, dry skin and hair, wounds that don't heal well, premature aging, loss of hearing, bone loss, teeth problems, muscle atrophy, infertility, renal diseases, coxofemoral joint osteoarthritis.
BL 25	1.5 cun lateral to the caudal border of the dorsal spinous process of L5.	diarrhea, constipation, abdominal pain, IVDD, lumbar pain.
BL 27	1.5 cun lateral to the caudal border of the dorsal spinous process of L7.	abdominal pain, diarrhea, urinary incontinence, lumbosacral pain.
BL 28	1.5 cun lateral to the dorsal midline between the sacrum and the medial border of the wing of the ilium.	urination problems, diarrhea, constipation, back pain.
BL 35	in the crease lateral to the tail base, just lateral to the sacrocaudal space, 1.5 cun lateral to the dorsal midline.	bloody diarrhea, anal itchiness, sacrocaudal pain, tail paralysis.
BL 36	ventral to the lateral border of the ischial tuberosity in the groove between the bicep femoris and the semitendinosus muscles.	low back pain, perianal disorders, hind leg paralysis.

BL 40	in the center of the popliteal crease.	muscle spasms in low back, chest, hind end, back pain, hip pain, stifle pain, urinary incontinence, IVDD, autoimmune disease, vomiting, diarrhea.
BL 42	1.5 cun below BL 13.	grief, difficulty letting go.
BL 43	1.5 cun below BL 14.	helps with chronic, hopeless conditions, anxiety.
BL 44	1.5 cun below BL 15.	nourishes the Shen, calms agitation and anxiety, mania.
BL 47	1.5 cun below BL 18.	cranky, irritable and aggressive.
BL 49	1.5 cun below BL 20.	anxiety.
BL 52	1.5 cun below BL 23.	fear, agitation, over-reactive.
BL 54	just dorsal to the greater trochanter of the femur.	pain and tension in gluteal muscles, hip pain and arthritis, hind limb lameness, muscle atrophy in the area, immune mediated disorders, perianal disorders.
BL 60	between the lateral malleolous and the calcaneal tuber. Opposite KID 3.	referred to as the Aspirin Point, can help with pain anywhere in the body, hock pain, swelling, relaxes the sinews, IVDD, dystocia.
BL 62	in a depression just distal to the lateral malleolus of the fibula.	ataxia and weakness of all 4 limbs, mostly used for disorders of the head, eye disorders, seizures.
BL 64	on the lateral aspect of the hind leg, distal to the proximal end of the 5th metatarsal bone.	cervical stiffness, headache, back pain.
BL 67	on the lateral aspect of the 5th digit of the hind foot at the nail bed.	nasal congestion and discharge, eye diseases, dystocia, can flip the fetus in a breech presentation.