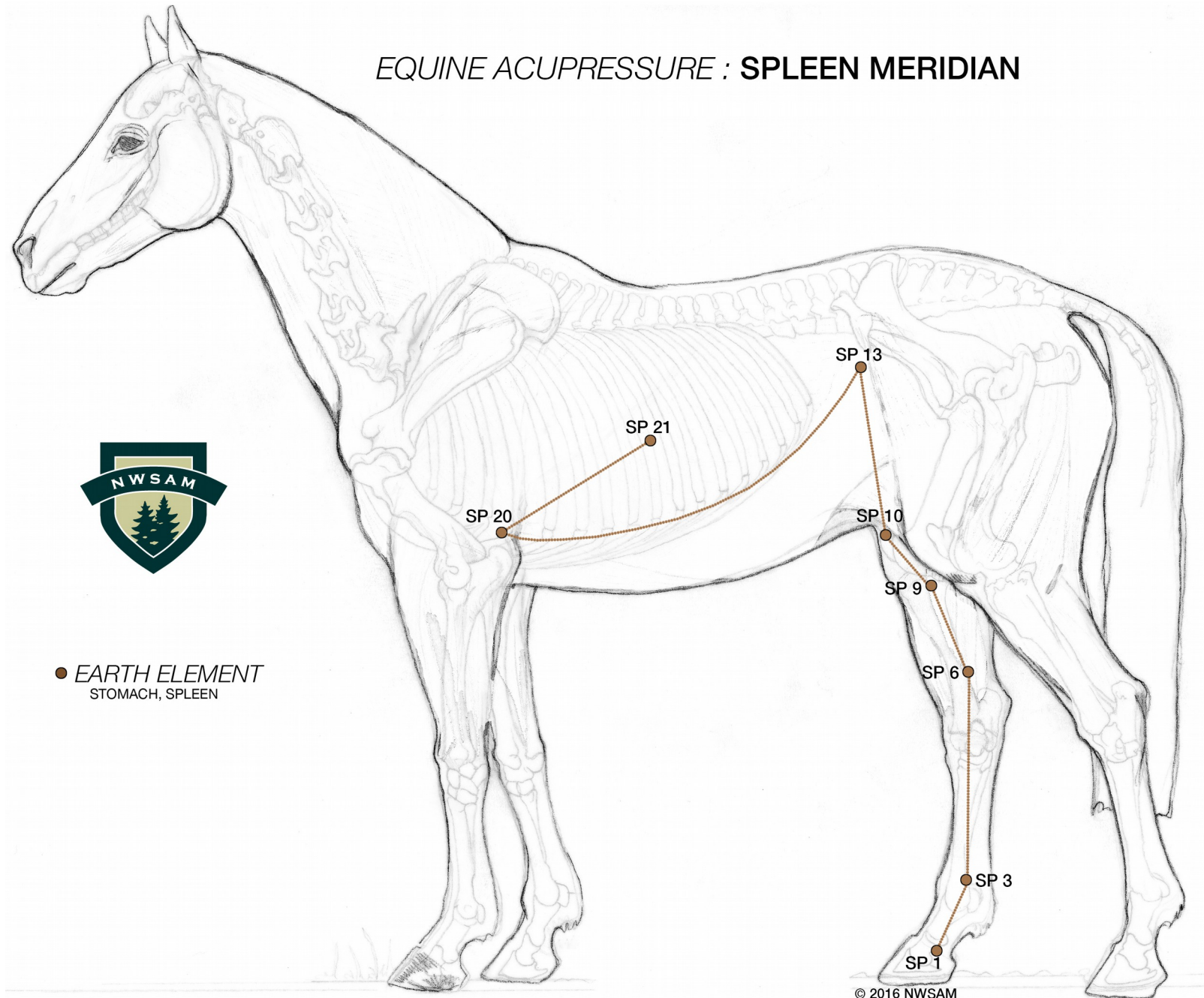


EQUINE ACUPRESSURE : SPLEEN MERIDIAN



● *EARTH ELEMENT*
STOMACH, SPLEEN

Acupoint	Location	Uses
SP 1	on the caudomedial aspect of the hind foot, just proximal to the coronary band.	laminitis, ringbone, heel pain, lack of appetite, bloating, chronic diarrhea, calms the mind (spirit), depression, hyper or manic behavior.
SP 3	at the distal end of the medial splint bone, distal to the bony bump.	any Spleen disorder (digestive issues, diarrhea, constipation, obesity, etc.) local point for fetlock arthritis, ring bone and tendonitis, worry, trouble retaining lessons or trouble focusing.
SP 6	3 cun above the proximal tip of the medial malleolus, caudal to the tibia.	fatigue, urinary tract disorders, endometriosis, uterine infections, infertility, diarrhea, hind limb paralysis, abnormal cycling, chronic worry.
SP 9	in a depression on the distal border of the medial condyle of the tibia just cranial to the saphenous vein.	edema, diarrhea, stifle pain.
SP 10	2 cun proximal to the proximal-medial border of the patella, in a depression in the belly of the vastus medialis muscle. (Flexing the stifle helps to find this point.)	fever, edema, diarrhea, incontinence, stifle pain and arthritis.
SP 13	0.5 cun cranioventral to the tuber coxae.	low back pain, hock performance point, colic, hernia.
SP 20	in the 4th intercostal space at the level of the elbow.	Cough
SP 21	at the 10 th intercostal space at the level of the shoulder joint or slightly higher. Some texts put it in the 9 th intercostal space and others put it in the 11 th , so feel to see where it is on each horse.	pain in the body, heaves, Wei syndrome.