

EQUINE ACUPRESSURE : KIDNEY MERIDIAN



● **WATER ELEMENT**
KIDNEY, URINARY BLADDER

KID 27 ●

● KID 7

● KID 3

● KID 6

● KID 1

Acupoint	Location	Uses
KID 1	in a depression between the heel bulbs of the hind foot.	heel pain, laminitis, dry mouth, dry tongue, dry cough, low back pain, revives consciousness, fever, heat stroke, calms the spirit.
KID 3	between the medial malleolus and the calcaneal tuber. Opposite BL 60.	urinary problems, low back weakness, hind leg weakness, dry eyes, dry coat, premature aging, hearing issues, muscle wasting, bone problems, infertility, diabetes, abnormal cycling, renal failure, diabetes, fearful, agitated, over-reactive.
KID 6	in a depression below the medial prominence of the medial malleolus.	frequent urination, constipation, reproductive problems, abnormal cycling, premature ejaculation in stallions, infertility, stifle injuries, restless, over-reactive, nervous, depression.
KID 7	on the medial side of the hind leg approximately 2 cun above KID 3.	anhydrosis, heat stroke, urinary issues, back pain due to weak back, weakness or paralysis of hind legs, hind leg edema.
KID 10	medial side of the popliteal fossa at the level of BL 40, between the tendons of the semitendinosus and gracilis muscles. Flexing the stifle helps to find this point. (Not pictured here.)	stifle issues, urination problems.
KID 27	between the manubrium and the 1 st rib in the descending pectoral muscle, 1-2 cun lateral to the ventral midline.	chest pain, cinchy behavior, cough, asthma, wheezing, shortness of breath, nausea.